

Beef Steak Alfredo

Ingredients

Beef, Sauce, pasta, alfredo, classic, Cheese Substitute, mozzarella, shredded.

Nutrients per serving

Nutrition Facts	
Serving Size (113g)	
Servings Per Container 1	
Amount Per Serving	
Calories 270	Calories from Fat 170
% Daily Value*	
Total Fat 19g	29%
Saturated Fat 7g	35%
Trans Fat 1g	
Cholesterol 70mg	23%
Sodium 350mg	15%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Sugars 4g	
Protein 19g	
Vitamin A 6%	• Vitamin C 0%
Calcium 15%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300 mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	