

Beef Turnovers

Ingredients

Beef Ground 80/20, Pastry Shell, puff, rtb, fzn, Potatoes, Carrots, Celery, Eggs, Base, vegetable beef, w/o msg, FS.

Nutrients per serving

Nutrition Facts	
Serving Size (113g)	
Servings Per Container	
Amount Per Serving	
Calories 280	Calories from Fat 180
% Daily Value*	
Total Fat 20g	31%
Saturated Fat 6g	30%
Trans Fat 0.5g	
Cholesterol 45mg	15%
Sodium 380mg	16%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 2g	
Protein 11g	
Vitamin A 30%	• Vitamin C 2%
Calcium 0%	• Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300 mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	